



2011 Northeast Conference Outdoor Track & Field Honors



NEC OTF Men's Individual Honors

Most Valuable Performer

Jeremy Rosado, Sacred Heart

Most Outstanding Track Performer

Jeremy Rosado, Sacred Heart

Most Outstanding Field Performer

Stephen Mitchell, Robert Morris

Most Outstanding Rookie

David Fajoyomi, St. Francis (NY)

Coach of the Year

J. Michael Smith, Robert Morris

NEC OTF Women's Individual Honors

Most Valuable Performer

Jessie Gaines, Long Island

Most Outstanding Track Performer

Ashley DeCruise, Mount St. Mary's

Most Outstanding Field Performer

Jessie Gaines, Long Island

Most Outstanding Rookie

Laura Williams, Monmouth

Coach of the Year

Christian Morrison, Sacred Heart

2011 Men's Final Team Standings

1. Monmouth	143.5
2. Robert Morris	133
3. Sacred Heart	120
4. Central Connecticut	114
5. Long Island	97
6. St. Francis (NY)	66
7. Mount St. Mary's	62.5
8. Saint Francis (PA)	40
9. Fairleigh Dickinson	21
10. Wagner	13
11. Bryant	9



2011 Women's Final Team Standings

1. Monmouth	185
2. Sacred Heart	132
3. Long Island	126
4. Mount St. Mary's	85
5. Saint Francis (PA)	79
6. Robert Morris	67
7. Quinnipiac	45
8. Fairleigh Dickinson	42
9. Central Connecticut	25
10. Wagner	20
11. St. Francis (NY)	10
12. Bryant	1

2011 NEC Outdoor Men's All-Conference First Team

Event	Athlete Name	Affiliation	Yr.	Mark
100m	Aaron Radden	Central Conn.	So.	10.89s
200m	Aaron Radden	Central Conn.	So.	21.31s
400m	Corryl Boyd	Long Island	Sr.	47.94s
800m	Louis Gibilisco	Mount St. Mary's	Sr.	1:51.86
1500m	Jeffrey Lusignan	Sacred Heart	Jr.	3:54.91
5000m	Chris Mills	Saint Francis (PA)	Jr.	14:37.45
10000m	Chris Mills	Saint Francis (PA)	Jr.	30:53.46
110H	Jeremy Rosado	Sacred Heart	So.	14.49s
400H	Jeremy Rosado	Sacred Heart	So.	53.35s
Steeple	Daniel Koehler	Sacred Heart	Sr.	9:31.51
High Jump	David Fajoyomi	St. Francis (NY)	Fr.	2.10m (6' 10.75")
Pole Vault	Cam Walker-Shephard	Fairleigh Dickinson	Fr.	5.00m (16' 4.75")
Long Jump	Brian Richards	Long Island	So.	7.27m (23' 10.50")
Triple Jump	Wilmot Stubblefield	Long Island	So.	14.43m (47' 4.25")
Shot Put	Tom Ciccoli	Monmouth	Sr.	16.64m (54' 7.25")
Discus	Collin Ray	Robert Morris	So.	51.01m (167' 4")
Hammer	Stephen Mitchell	Robert Morris	So.	50.83m (166' 9")
Javelin	Vincent DuVernois	Monmouth	So.	66.10m (216' 10")
400m Relay	Monmouth (Krupka, Lewis, Kelsey, Navarro)			41.51s
1600m Relay	Long Island (Boyd, Neckles, Wallace-Whitfield, Barnes)			3:14.92
3200m Relay	Central Connecticut (Waterbury, Weston, Schmid, Hrezi)			7:38.11

2011 NEC Outdoor Men's All-Conference Second Team

Event	Athlete Name	Affiliation	Yr.	Mark
100m	Geoff Navarro	Monmouth	Jr.	11.09s
200m	Geoff Navarro	Monmouth	Jr.	21.75s
400m	Zachary Krupka	Monmouth	Sr.	48.14s
800m	Mohamed Hrezi	Central Conn.	So.	1:52.14
1500m	Rafal Ksepka	St. Francis (NY)	Jr.	3:56.15
5000m	Dylan Bernard	Mount St. Mary's	Jr.	14:51.81
10000m	Sam Alexander	Central Conn.	Jr.	31:13.22
110H	Bertony Jean-Louis	Sacred Heart	Jr.	14.52s
400H	Nick Lindblom	Central Conn.	So.	53.45s
Steeple	Paul Gilhuley	St. Francis (NY)	So.	9:34.51
High Jump	Thomas Butler	Monmouth	Fr.	2.07m (6' 9.5")
Pole Vault	Chris Spataro	Robert Morris	Sr.	4.80m (15' 9")
Long Jump	Jason Kelsey	Monmouth	Sr.	7.19m (23' 7.25")
Triple Jump	Brandon Hutchinson	Sacred Heart	Fr.	14.38m (47' 2.25")
Shot Put	Stephen Mitchell	Robert Morris	So.	16.29m (53' 5.50")
Discus	Robert Saltsgiver	Robert Morris	So.	46.60m (152' 11")
Hammer Throw	Terry Bookhamer	Saint Francis (PA)	Jr.	50.70m (166' 4")
Javelin	Chris Carper	Robert Morris	Fr.	63.20m (207' 4")
400m Relay	Robert Morris (Roy, Green, Dwight, Gladman)			41.92s
1600m Relay	Robert Morris (Green, Dwight, Gladman, Gentile)			3:15.38
3200m Relay	St. Francis (NY) (Ksepka, Gilhuley, Gilhuley, Nersten)			7:38.29

2011 NEC Outdoor Men's All-Rookie Team

Event	Athlete Name	Affiliation	Yr.	Mark
100m	David Fajoyomi	St. Francis (NY)	Fr.	11.13s
200m	David Fajoyomi	St. Francis (NY)	Fr.	22.27s
400m	Bayaan Oluyadi	Monmouth	Fr.	49.18s
800m	Nick Gentile	Robert Morris	Fr.	1:53.03
1500m	Dan Zaccariello	Wagner	Fr.	4:00.75
5000m	Christopher Chapruet	Bryant	Fr.	16:09.50
10000m	No rookie entrants			
110H	Jalen Walker	Monmouth	Fr.	14.96s
400H	Chris Carper	Robert Morris	Fr.	54.21s
Steeple	Jason Stapleton	St. Francis (NY)	Fr.	9:34.73
High Jump	David Fajoyomi	St. Francis (NY)	Fr.	2.10m (6' 10.75")
Pole Vault	Cam Walker-Shephard	Fairleigh Dickinson	Fr.	5.00m (16' 4.75")
Long Jump	Brandon Hutchinson	Sacred Heart	Fr.	6.92m (22' 8.50")
Triple Jump	Brandon Hutchinson	Sacred Heart	Fr.	14.38m (47' 2.25")
Shot Put	Marc Troiani	Sacred Heart	Fr.	14.32m (46' 11.75")
Discus	Marc Troiani	Sacred Heart	Fr.	46.56m (152' 9")
Hammer Throw	Daniel Pepitone	Sacred Heart	Fr.	44.94m (147' 5")
Javelin	Chris Carper	Robert Morris	Fr.	63.20m (207' 4")

2011 NEC Outdoor Women's All-Conference First Team

Event	Athlete Name	Affiliation	Yr.	Mark
100m:	Ashley DeCruise	Mount St. Mary's	Sr.	11.90s
200m:	Ashley DeCruise	Mount St. Mary's	Sr.	24.21s
400m:	Keishana LaRose	Saint Francis (PA)	So.	54.56s
800m:	Megan Paterson	Fairleigh Dickinson	Sr.	2:14.05
1500m	Amanda Eller	Monmouth	So.	4:42.15
5000m:	Kristin Stevens	Quinnipiac	Sr.	17:21.20
10000m	Jennifer Nelson	Monmouth	Jr.	36:54.70
100H	Jessie Gaines	Long Island	Jr.	14.16s
400H	Rachel Watkins	Monmouth	So.	1:01.27
Steeple	Katherine Bossardet	Central Connecticut	Sr.	11:00.10
High Jump	Alison Day	Monmouth	So.	1.73m (5' 8")
Pole Vault	Casey Folga	Robert Morris	So.	3.30m (10' 10")
Long Jump	Jazmin Waller	Long Island	Jr.	5.79m (19')
Triple Jump	Jessie Gaines	Long Island	Jr.	11.76m (38' 7")
Shot Put:	Lindsay Aponte	Sacred Heart	Fr.	14.10m (46' 3.25")
Discus	Kathryne Kendrick	Saint Francis (PA)	Jr.	41.96m (137' 8")
Hammer Throw	Athalia Smith	Sacred Heart	Jr.	58.31m (191' 4")
Javelin	Mary Wilks	Monmouth	Sr.	44.88m (147' 3")
400m Relay	Long Island (Mitchell, Saunders, Waller, Gaines)			45.72s
1600m Relay	Mount St. Mary's (DeCruise, Otu, Scott, DeCruise)			3:42.28
3200m Relay	Monmouth (Toritto, MacEwen, Montefusco, Eller)			9:15.87

2011 NEC Outdoor Women's All-Conference Second Team

Event	Athlete Name	Affiliation	Yr.	Mark
100m	Jessie Gaines	Long Island	Jr.	11.99s
200m	Jazmin Waller	Long Island	Jr.	24.46s
400m	Laura Williams	Monmouth	Fr.	54.68s
800m	Jennifer Haffner	Saint Francis (PA)	So.	2:16.45
1500m	Mackenzie Roche	Monmouth	Fr.	4:42.77
5000m	Jennifer Nelson	Monmouth	Jr.	17:25.03
10000m	M. Van Steenberg	Robert Morris	Fr.	37:19.45
100H	Torrie Saunders	Long Island	Jr.	14.32s
400H	Tynelle Taylor-Chase	Saint Francis (PA)	Fr.	1:02.05
Steeple	Andrea Szarkowicz	Quinnipiac	So.	11:14.40
High Jump	Rachel Watkins	Monmouth	So.	1.70m (5' 7")
Pole Vault:	Brittany Battis	Sacred Heart	Fr.	3.30m (10' 10")
Long Jump	Jessie Gaines	Long Island	Jr.	5.75m (18' 10.50")
Triple Jump	Danay Spencer	Long Island	Sr.	11.75m (38' 6.75")
Shot Put:	Carol Cress	Sacred Heart	Jr.	13.25m (43' 5.75")
Discus	Christine Middleton	Sacred Heart	Jr.	41.55m (136' 4")
Hammer Throw	Symmone Fisher	Monmouth	Jr.	57.30m (188')
Javelin	Rachel Kotula	Robert Morris	Fr.	44.43m (145' 9")
400m Relay	Mount St. Mary's (Lipkins, DeCruise, Otu, DeCruise)			47.53s
1600m Relay	Saint Francis (PA) (Jones, Taylor-Chase, Staily, LaRose)			3:45.41
3200m Relay	St. Francis (NY) (Viera, Clerk, Gallagher, Delacruz)			9:24.59

2011 NEC Outdoor Women's All-Rookie Team

Event	Athlete Name	Affiliation	Yr.	Mark
100m	Brittany Johnson	Saint Francis (PA)	Fr.	12.49s
200m	Laura Williams	Monmouth	Fr.	24.49s
400m	Laura Williams	Monmouth	Fr.	54.68s
800m	Cameo Kirk	Wagner	Fr.	2:17.28
1500m	Mackenzie Roche	Monmouth	Fr.	4:42.77
5000m	M. Van Steenberg	Robert Morris	Fr.	17:48.68
10000m	M. Van Steenberg	Robert Morris	Fr.	37:19.45
100H	Camille Thomas	Long Island	Fr.	15.21s
400H	Tynelle Taylor-Chase	Saint Francis (PA)	Fr.	1:02.05
Steeple	Elizabeth Eberhardt	Central Connecticut	Fr.	11:41.63
High Jump	Yulia Vasilyeva	Robert Morris	Fr.	1.58m (5' 2.25")
Pole Vault:	Brittany Battis	Sacred Heart	Fr.	3.30m (10' 10")
Long Jump	Joselyn Henry	Sacred Heart	Fr.	5.51m (18' 1")
Triple Jump	Joselyn Henry	Sacred Heart	Fr.	10.95m (35' 11.25")
Shot Put:	Lindsay Aponte	Sacred Heart	Fr.	14.10m (46' 3.25")
Discus	Qiyana Hill	Monmouth	Fr.	39.43m (129' 4")
Hammer Throw	Qiyana Hill	Monmouth	Fr.	46.14m (151' 4")
Javelin	Rachel Kotula	Robert Morris	Fr.	44.43m (145' 9")